## BSDT's AYURVED MAHAVIDYALAYA, WAGHOLI, PUNE

### **DEPARTMENT OF KAYACHIKITSA**

#### **UNDER-GRADUATE PROGRAMME**

#### INTRODUCTION

Kayachikitsa is a Clinical department having Under-graduation and Post graduation programme. Kayachikitsa is a Final year subject in Under-graduation Programme. The Subject introduces the knowledge of Chikitsa Siddhant from Samhita and treatment with its practical application to break the samprapti according to vyadhiawastha. Kayachikitsa subject having two theory papers with Viva voce and Hospital or Clinical Posting. Department is well equipped with Library, Charts, Museum with Models and Instruments.

Department is having three Post Graduation seats.

Department is attached to Ayurved Hospital and Research Centre and Integrated Cancer Treatment and Research Centre from where the students gain Clinical knowledge of variety of diseases along with cancer disease. Allopathic treatment fascility is also available at the Hospital.

Department is having well qualified and experienced staff.

#### SUBJECT OUTCOME

After completion of the course the student should

- Have basic knowledge of Kayachikitsa.
- Able to develop the Clinical examination skills from Ayurvedic point of view.
- Able to impart the knowledge of Chikitsasiddhant and Chikitsa sutra from Samhita and its practical application.
- Have knowledge of different types of Chikitsaupakrama.



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- ➤ Able to make able to identify different Vyadhi Awastha and Samprapti with its Dosha-Dushya.
- ➤ Have knowledge of Preventive and Curative treatments, like Shaman-Shodhan Chikitsa, Atyayikchikitsa, Rasayan and Vajikaran Chikitsa and Pathya-Apathya.
- ➤ Have knowledge of principles of parallel systems of Medicines.
- Have basic knowledge of Pathophysiology and line of treatment of various diseases according to Allopathic medicines.
- ➤ Have knowledge of Basic principles of Ayurvedic management of diseases according to Strotas.

### SPECIALITY OF DEPARTMENT

- ➤ Kayachikitsa department admits and treats variety of Patients having Skin disorders, Diabetes, Musculo-Skeletal disorders, Neurological disorders.
- Variety of Panchakarma procedures are conducted by department as a part of Treatment.
- > Foreign patients are treated with Ayurvedic Shaman and Shodhan Chikitsa.
- Department also conduct Ayurvedic Shodhan Chikitsa in Cancer patients.
- Department conducts Workshops and Courses about Panchakarma Treatments, Introductory and Basic Ayurvedic knowledge, Indian Ayurvedic Diet, lifestyle modification and self health care for Foreigners and Indian Aspirants.
- Department also organises Seminars on application of Chikitsa Siddhanta like 'Charak Uhan' for students and practioners.
- Department also takes part in various Health check up camps organised by Institute.
- Case Presentation and Clinical meetings are conducted weekly in department for PG students.
- Department promotes PG students for Clinical Research.



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### POST GRADUATE DEPARTMENT OF KAYACHIKITSA

# **POST-GRADUATION**

### **SUBJECT - OUTCOME**

### After completion of the course the student should be able -

- To train students in special way of Ayurvedic diagnosis and treatment like Hetuviparit chikitsa, Vyadhi viparit and Shaman-Shodhan chikitsa.
- To impart the detail knowledge of Chikitsa siddhant and Chikitsa sutra from Samhitas in the context of diagnosis, prognosis and management of disease and its practical application.
- To develop the specific clinical examination skills.
- To apply variety of Chikitsa upakrama according to different Vyadhi-Awastha.
- To enhance the knowledge and use of different types of single Herbs, Kalpa, Yoga.
- To interpret Cause-Effect relationship, Pathogenesis (Samprapti), Action of medicines in treating diseases (Sampraptibhanga).
- To develop the Research approach with the help of the practical application of Granthokta references through Synopsis and Dissertations.

To develop the Presentation skills, Communication skills with the use of advance technologies.

